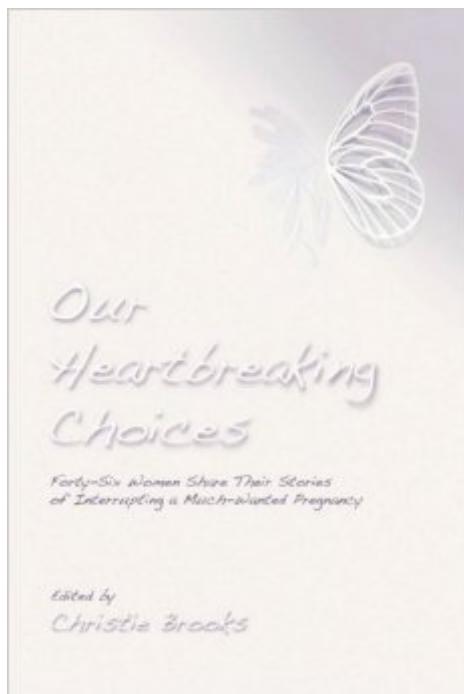


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# Our Heartbreaking Choices: Forty-Six Women Share Their Stories Of Interrupting A Much-Wanted Pregnancy



## **Synopsis**

This book is about abortion, but more specifically, about abortions sought due to a poor prenatal diagnosis or due to serious maternal health complications. This book contains 46 personal stories, each one from a woman who decided to interrupt a much-wanted and oftentimes much-planned pregnancy. There is very little societal support for parents who make this decision, which leaves most parents to deal with their sadness and grief alone. The purpose of the book is to share our stories in the hopes of helping other parents who have undergone a similar loss to feel less alone, less isolated, and less stigmatized. We hope to give a voice to all who have suffered a similar loss and to show that there are situations in which abortion is the most moral option. Although the focus of the book is to provide support to those who will make or have made a similar decision, we don't cast judgment on those who choose abortion for other reasons or those who choose to carry a pregnancy to term despite a poor prenatal diagnosis. We support all parents in choosing the path that is best for them. We support ALL choices.

## **Book Information**

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## **Customer Reviews**

Whether you agree, disagree or have no clue what it would be like to have to make "A Heartbreaking Choice," you can't help but be humanized by these stories. A Heartbreaking choice is just that - nothing more or nothing less. Women that have been faced with poor diagnosis of a much wanted pregnancy feel as if their world has been shattered. There isn't enough spiritual or religious glue to help to put the pieces of ones entire life back together. Termination is a ridiculous argument that will never be satisfied by either side. But in reality, termination is not black or white, it doesn't lend itself to the stereotypical judgements. When a child's diagnosis is grim while still in the womb,

there are many, many more "what if's" that flash in front of your dazed eyes. Letting your unborn baby pass before birth, not knowing what devastation may happen after they are born, is an act of absolute bravery. Again, right or wrong, it isn't the point and shouldn't be part of this discussion. What should be offered is surrendered support. So surrender your judgements and listen with your open heart to these women's stories and realize that no matter how you look at this, it is and always will be, A HEART BREAKING CHOICE! Bravi Raggazzi!!

This book is an excellent resource for those of us who have suffered the loss of the child wanted so much but never got to know. Knowing you are not alone and that others have been there before is of great comfort. This book also includes many resources about prenatal testing and other web sites on the diagnosis each of the women were dealt. It also was reviewed by some of the most prominent people in the women's reproductive rights movement.

The life experiences that led dozens of women to have late term abortions. Heartbreaking but warmly told. MUST reading for those who question or want to outlaw late term abortions: the health and psychological realities for pregnant woman and fetus in critical danger and how they work through their options.

I highly recommend this book to offer support to women, and their families, when it comes to a termination of a pregnancy due to a poor prenatal diagnosis. The women in this book are REAL. Their stories are REAL. Their grief is REAL. Support for these women, and future women who experience a loss such as this, is NECESSARY but seems to be non-existent. It's FANTASTIC that these 46 women put their stories out there in order to help others by sharing their heartbreak, life altering, personal stories of grief. KUDOS to them! I hope each and every one of the contributors to this book realizes how important their stories are, and that the children they lost, and the decision they faced, will be able to help future women. These women are offering Support, Empathy, Compassion, Understanding, Respect and Enlightenment, or to use one word that sums it up, "SECURE". Hugs to everyone that contributed!

In today's politically charged atmosphere about abortion, the women who put themselves out there with their heart-felt stories need to be applauded! The subject of abortion is such a huge issue and these women tackle it head-on, and prove without a doubt that there are times when an abortion is not only necessary, but the most loving decision that a woman can make for her family, herself and

most of all, for her child! This book contains the heart and soul of women who have wrestled with a decision that NO parent should ever be faced with. They have each realized that letting their precious children go was the kindest thing they could do. As parents, isn't it our responsibility to protect our children; what happens when no matter what decision you make will mean your child will either suffer and most likely die or be faced with a life time of disabilities and suffering? These women have shown us that there are many types of love, and their love is the most selfless and meaningful love I could imagine. My heart goes out to them and their families; and I highly recommend this book for anyone who has faced or may be facing making "A Heartbreaking Choice."

This book speaks to a need that has been mostly unfulfilled in the publishing world. Real women tell real stories of what it means to terminate a much-wanted pregnancy and why the right to do so is necessary. It also contains several excellent resources that will help others walking in their shoes to navigate the difficult choices families have to make when they receive a poor prenatal diagnosis.

If you've ever been in the position of receiving a devastating prenatal diagnosis you are not alone. It certainly feels like it at the time. The women who shared their stories in this book have provided such a needed resource at a time in one's life when grief can be overwhelming. It was so helpful to me to have a tangible source of support when going through the loss of my much wanted daughter. I am glad that this resource is out there for other women going through such an awful and little known about situation.

An important read for anyone who has had to make the most difficult choice a mother can make, to end or prevent the suffering of her unborn child by taking the pain of grief upon herself. Such a "heartbreaking choice" is politically unpopular and can make the parents feel very alone and unsupported. This book of essays shows us that we are not alone.

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